

Physical Education (7th/8th)

To Students and Parents: The purpose of this guideline sheet is to inform both parent and student of the procedures and requirements of the Physical Education Department.

E-Mail Addresses: atippets@wsd.net

Blog: <http://blog.weber.k12.ut.us/atippets>

The objective is to develop motor and health related fitness, sportsmanship, teamwork, leadership, social skills, and basic skills to participate in a variety of team sports.

LOCKS & LOCKERS: Please bring a lock from home. A locker will be issued on the first day of class. Please don't bring key locks! Keep your locker locked at ALL TIMES! Wahlquist Jr. High and the P.E. Dept. will not be responsible for lost or stolen items. Do not share your locker or lock with anyone!

GRADING: Grades will be computed on a percentage: 95-100 = A, 90-94 = A-, 87-89 = B+, 83-86 = B, 80-82 = B-, 73-78 = C, 77-79 = C+, 70-72 = C-, 67-69 = D+, 63-66 = D, 60-62 = D-, 0-59 = F
Please check the portal regularly. It is updated daily.

MAKEUP POLICY: If a student is absent for any reason, it is their responsibility to make up (test, quizzes, mile runs, etc.) from 7:15-3:15. Anyone with a Doctor or Parent Note will be required to write a report according to the sport or activity that we are in. Length of report will be determined by number of days excused. Zeros will be given in class for: no dressing, group huddles (no participation), leaving early, getting out equipment before being told to do so, and/or unacceptable behavior. You cannot makeup anything if you are in class and choose to get a zero.

UNIFORMS: P.E. uniforms consist of a WHITE or GREY T-shirt, tennis shoes, socks and DARK colored shorts/sweats that are not worn to school to keep in their locker to change into for gym. If you decide to not change, you will only receive ½ credit if you participate.

BEHAVIOR: Each student is responsible for his/her own behavior. You will earn an H: Honor, S: Satisfactory, N: Needs Improvement, or a U: Unsatisfactory for Citizenship Grade. If a student is recognized for having poor behavior for a substitute, the citizenship grade will go to an automatic U and zero points for the day. It cannot be made up or changed for any reason.

RULES: Respect! Due to the high risk nature of playing fields, gym and lock rooms, safety will be strictly enforced. Respecting other people and their property, using good sportsmanship and citizenship is a necessity. You must be on time, prepared in gym clothes in the gym, and in the assigned area 3 minutes after the tardy bell. NO FOOD, drink, or candy in the gym or locker room at anytime. **You will not be allowed to use cellular telephones, pagers, IPODs, walkmans, and other devices that may disrupt the educational process. Each student will be accountable for their actions and for contributing to our great school. By working together we can continue to make Wahlquist Junior High a great place to be!**

Parents/Guardians and students- IF there are any problems the teacher needs to know about please write down on this form and hand into me or contact me through e-mail or telephone during the first week of class. Thank you.
